



Public Speaking Course

In-Company Training (2 Days)

Practical Skills

Tailored Workshop



in-company for
teams



Contents

About this course	3
Delivery style	4
What are the benefits?	6
Course content	7
3 ways to get started	8
About us	9

About This Course

Overcome Your Public Speaking Fears

Our Public Speaking workshop addresses how to handle the nerves that inevitably accompany speaking in public or delivering any kind of presentation.

We focus on how to prepare for public speaking and deliver engaging, effective presentations to any audience. We also cover dealing with the unexpected - questions, heckling, technical hiccups etc..

This course is very practical, with plenty of opportunity to develop and fine-tune your public speaking skills.



A Tailored, In-Company Format

This course is only available for in-company training. With an in-company style, we come to your location or deliver a live virtual programme exclusively to your team.

Delivery Style

We run this Public Speaking Training for in-company (often called “in-house” or “on-site”) training.

This means that we deliver training exclusively to your team on a date you choose.

There are many benefits to choosing an in-company style of delivery.

How In-Company Training Works

When you get in touch with us about in-company training - either by phone or by requesting a quotation using the button on this page - our expert training consultants will work with you to find the best training solution for your needs.

We will create a programme that addresses the issues and goals at the top of your list, and choose a training delivery method and dates that suits you best.



Why In-Company?

- ✔ **Tailored for Your Team** - While still adhering to the course syllabus, we can take your business and any challenges you are facing into account when delivering the course. We will make the training delivery relevant to your team.
- ✔ **You Choose the Delivery Style** - We can deliver this training as an in-person, classroom style course (where we come to your location), or by live, virtual classroom training (learn more on the next page).
- ✔ **Flexibility** - In-company training gives you the ability to schedule training at a time that works best for your schedule. It removes the inconvenience of having to take someone out of their role for training at a busy time.

[Get a Quote](#)

Delivery Style: Live Virtual Training

Virtual training enables participants to connect to live, trainer-led sessions from wherever they are located.

It's easy to connect and they will gain the benefits of a classroom style of training while enjoying the convenience of learning at home.

How Virtual Training Works

In advance of training, we will send each participant the information and link they need to join the training.

To connect with our live training, participants will need a steady internet connection and a device with a web-camera, speakers, and microphone. Most home internet connections work perfectly for live virtual training. These days, almost all smartphones, computers, and tablets have built-in web cameras, speakers, and microphones.

Our training consultants will make sure everyone has guidelines on how to get connected. It's an easy, user-friendly process.



Why Virtual?

- ✓ **Learn from Home** - This is an ideal solution for teams that work remotely. They can connect with real-time training sessions from wherever They are currently based.
- ✓ **Delivered by Experts** - By choosing our live virtual training, your team will learn from subject matter experts. They will also benefit from the ability to ask questions and gain advice from our trainers.
- ✓ **Group Training** - This style of training enables participants to interact virtually with their team. Via our online platform, they will be able to take part in group discussions and exercises without leaving home.
- ✓ **Focused Learning Environment** - One of the key advantages of an in-person classroom style training is the focused learning environment. Live, trainer-led virtual training also provides this high-impact format.

[Ask a Question](#)

[Get a Quote](#)

What Are The Benefits?

✓ Overcome Nerves & Build Your Confidence

Through practice and guidance from our trainers, your confidence delivering short presentations and speeches will begin to grow.

✓ Preparation Techniques

Half the battle is being fully prepared to deliver a presentation or speak to a group of any size. We show you the best way to ensure that you are fully prepared before you speak.

✓ Delivery Skills

Make the most of your natural delivery style with tips and techniques on tone, pace and body language.

✓ Practical Experience

Our workshop gives you plenty of opportunity to practise your delivery technique and develop your own speaking rhythm and style.

✓ Expert Advice & Feedback

Our trainers are experienced public speakers and will offer valuable feedback on where your strengths lie and where there is an opportunity for improvement in your delivery.



Learn More

Ask A Question

Course Content

① Overcoming Your Nerves

- Understanding why you are nervous
- Tips on how to relax when you are speaking

② Preparing Your Speech

- How to make the most of your preparation time
- Structuring your presentation for a natural, conversational flow
- Compiling easy-to-reference notes

③ Body Language & Tone of Voice

- Pace, pitch and pause
- Tone and body language
- Power words that grab your audience's attention
- Projecting your voice

④ Coping with the Unexpected

- How to keep your composure when unexpected questions arise
- Handling technical hiccups calmly



Tailored for Your Needs

This is an example of our standard Public Speaking workshop content.

When we deliver this course as an in-company training programme, we will discuss your challenges and priorities in advance of the training.

[Get a Quote](#)

3 Ways to Get Started



Talk to Us

You can reach us by phone on Freephone 1800 910 810, or 01 861 0700 (mon - thurs, 9.00am - 5.30pm, fri, 9.00am - 5.00pm).

We will be happy to answer any questions you have and advise on the best option for your team's public speaking training.

Freephone 1800 910 810



Get a Tailored Quotation

Click the button below to request a tailored quotation for your company's public speaking training

We will be in touch with a detailed quotation fitting your team's requirements.

Get a Quote



Ask A Question Online

If you would prefer to contact us online, request a phonecall, or to get in touch outside of office hours, using the "Ask a Question" button below is the best option.

We will respond with the information you need.

Ask a Question

About Us

Professional Development - 34 Years of Innovation and Excellence

We believe that the key to a thriving and rewarding career is continuous professional development.

For over 34 years, Professional Development has led the way in providing practical, innovative courses leading to relevant and respected certifications.

We specialise in delivering training for core business skills including project management, agile, scrum, lean six sigma, management, communications, sales, it service management, and training design and delivery skills.

Our courses are designed to expand your skills, & enhance your career potential



Our Courses

Our courses are a balanced blend of both theoretical learning and practical application. This focused learning environment optimises the impact of training.



Our Clients

We provide training for Ireland's leading brands, working with companies of all sizes in every industry. We also provide training for non-corporate organisations.



Our Team

Our trainers are chosen for their engaging manner and expertise in a chosen field. They bring a wealth of experience to each programme they deliver.



Our Certifications

In many sectors, international certification is now essential. We provide many options for globally recognised certification in each subject area.

Stay Connected



Contact Us

Head Office

Suite 11, Plaza 256,
Blanchardstown Corporate Park 2,
Ballycoolin, Dublin 15, D15 T934

Freephone 1800 910 810

Dublin 01 861 0700

ask-us@professionaldevelopment.ie

www.professionaldevelopment.ie

Contact Us

